

Preschool example menu

Monday **Tuesday** **Wednesday** **Thursday** **Friday**

Morning tea 9.30am

Cheese and crackers
Fruit selection

Cheese English muffins
Fruit selection

Crumpets
Fruit selection

Muffins
Fruit selection

Pikelets and jam
Fruit selection

Lunch 11.45am

Spaghetti Bolognese

Baked chicken thigh,
broccoli, mashed potato,
gravy

Potato topped mince

Pizza and fries

Beef chow mein

Afternoon tea 2.30pm

Fruit bread
Fruit selection

Corn and cheese ciabatta
Fruit selection

Ham sandwiches
Fruit selection

Spaghetti & cheese
toasties
Fruit selection

Biscuits
Fruit selection

Children with allergies will be served a suitable alternative.
Lunch is served with yoghurt
Water is provided with all meals.



St Margaret's College
Balanced foundations, bright futures.