

THEATRE DANCE ACADEMY 2024

NEVER MISS A CHANCE TO DANCE!

THEATRE DANCE ACADEMY

Inspiring and empowering dancers to live their passion!



ABOUT OUR CLASSES

THEATRE DANCE ACADEMY - Inspiring and empowering dancers to live their passion!

“Trust me, you CAN dance”

Whether you dream of singing and dancing on Broadway, spot lit as a principal ballerina, a hip hop dancer opening super bowl or just simply love moving to music, here at TDA we have you covered, you can be who you want to be here!

All student's aged 3 - adult are welcome to enrol in our classes - Our studio is open to the wider community not only for St Margaret's College students.



DANCE YOUR WAY

FUN, FRIENDSHIPS AND PERFORMANCE

Pick your passion, join us in an open dance class

TDA open classes are offered in Musical Theatre, Contemporary, Hip Hop, Ballet and Aerial Arts. The focus of these classes is on learning dance technique and performance pieces for both our mid-year and end of year show.

SET A GOAL - Dance towards an exam

TDA dance classes offer the opportunity to sit dance exams in Ballet, Jazz and Tap. Students in these genre classes will learn syllabus exercises and performance pieces to work towards sitting an exam. The exam classes are tailored to age and experience levels. Exam classes focus on learning syllabus technique during term 1 and 2, the exam polishing in term 3, then learn a performance piece to present on stage in our end of year show.

IN THE SPOTLIGHT - Lights, Stage, Action

It's why we all dance - to perform!

Mid-Year Show: End of term 2 (June/July)

Being on stage is a goal for all dancers - it is where our hard work shines!

Our Mid Year Show is an opportunity for our open classes to present the performance dance pieces they have worked on during the first two terms.

End of Year Show: End of term 4 (December)

This is always our big finale of the year and we love it!

Our end of year show allows all students to be seen under the spotlight! Open classes and examination classes all work to present dance pieces in the annual show. The shows are theme based and full of fun!

Be prepared for class rehearsals, full school rehearsals, costumes, lights and stage action!

OUR OPEN CLASSES

Open classes focus on learning techniques, repertoire and performance pieces in each dance style. Open classes do not work towards exams, they are fun, recreation classes and performing in both our Mid Year and End of Year show is a goal.

Tippy Toes

Ages 2 - 5 years

The love for dance starts in the lounge! Do you have a toddler who loves to twirl and leap around the lounge in a tutu? Then this class is for you! Our preschool ballet class is a fun introduction to ballet. Dancers learn the art of music and movement through fun dance exercises and foundation ballet learning.

Little Dots

Ages 4 - 5 years

Funky music, fun moves, feel the beat and groove! Little Dots introduces the world of performing. Dancers will learn introductory Tap and Jazz dance through fun dance exercises. They will learn the art of music and movement through rhythm and foundation jazz learning. Get ready to feel the beat!

Musical Theatre

Sing, Dance,, Act all the way to the stage!!

Musical Theatre is where the show begins. These classes are a mixture of dancing, drama and singing and are just so much fun. Students will learn performance routines based around iconic and popular stage shows. We have four open classes for Musical Theatre;

Junior Musical Theatre for 7 - 9 years and 10 - 12 years

Teen Musical Theatre for ages 13 and over

Classes are based around the art of stage performance, confidence building, theatre sports, learning songs as a class, dance routines and drama games.

Contemporary Dance

Ages 7 - Teens

A stunning dance art form where interpretation, expression and emotion are foremost. We have three open classes for contemporary dance;

Junior contemporary for 7 - 10 years

Intermediate contemporary for 11 - 12 years

Teen Contemporary for 13 - 14 years

Senior contemporary for ages 15 years and over

Dancers learn contemporary dance technique and terminology through a large variety of contemporary dance styles, some of which include lyrical, modern contemporary, rhythmical and traditional.

Hip Hop

Ages 7 - Teens

Are you the next Paris Goebel?

Hip Hop is where it's at, from the streets to the superbowl stage!

It is an awesome way for dancers to express themselves and these classes are edgy and fun. We have three open classes for Hip Hop.

Junior Hip Hop for 7 - 10 years

Intermediate for 11 - 13 years

Senior Hip Hop for ages 14 and over

Each week, the students work on Hip Hop technique, movement sets and learn performance choreographies.

Stretch and Conditioning - Become the best you can be!

Ages 7 - Teens

Stretch and Conditioning class focuses on refining co-ordination and challenging strength and balance in exercises based on the progressing ballet technique programme (a type of ballet pilates). Gaining flexibility is important and is easy and enjoyable when done in the correct way. This is a great class to attend for anyone wanting to get their legs higher, perform more complex tricks or achieve 'X factor' jumps in any genre.

We have two Stretch and Conditioning on offer;

Junior Stretch and Conditioning for 8 - 13 years

Senior Stretch and Conditioning for 13+

Senior Open Ballet - Ballet for All!

Want to try ballet out? Or perhaps you would like to master more complex ballet movements with ease and grace? Then this class is for you. As well as a more thorough focus on technique and mastery of movements, students learn how to dance with musicality and expression/artistry through more challenging exercises. Learn repertoire from well-known ballets.

Anyone aged 13 years plus or Intermediate Foundation (ballet level plus) can enrol in this class.

Adult Ballet - 18+ - Ballet for Beginners - Intermediate.

Looking for a new way to exercise, move to music, strengthen and condition - come and join our adult ballet class. Try it out and have some fun!

AERIAL CLASSES Come Fly With Us!

Cirque Aerial Classes - Silks, Lyra, Trapeze, Acrobatics

Fly, Climb, Swing, Spin, turn upside down and create the most awe inspiring dance routines in the air!

Aerials have been admired as a circus art form for many years by Cirque Du Soleil.

It is a growing art form in the dance and performance industry with the demand for performers to have more than one skill when auditioning for dance work.

Explore movement through space on rigged aerial apparatus - The Silks (tissue), Lyra (hoop) and Trapeze (static trapeze). In the studio we have certified rigging points at which the apparatus are suspended from. Students learn skills on each form of apparatus, exploring elements of strength training, climbing, shapes and movement. Aerial skills are often viewed in cirque style performance and industry theatre work. It is an incredible skill to add to your dance and performance repertoire. It builds resilience, strength and comes with an amazing sense of achievement!

Classes are limited to 10 - 12 students per class

Junior Aerials 5 – 8 years Youth Aerials 8 – 12 years Senior Aerials 13 - Adult

TDA'S SPECIALIST THEATRE DAY PROGRAMME

"All the world's a stage" - Shakespeare

The Art Of The Stage

In today's world of performance, versatility is the key. The Theatre Day programme is an innovative concept designed to produce talented and versatile performers who can reach for the stars in today's world of performance.

How The Theatre Day Programme Works

Theatre Day is held on Saturday and runs during school terms throughout the year 11.30 - 4.00pm. Students take part in – tap, jazz, drama, singing and specialist tuition in aerial and acrobatics. Students need to be at least 10 years old and need to have passed or currently be studying at a level of BAL Grade 1 Tap (which is the 4th exam in the BAL Tap syllabus). Theatre Day students learn in depth techniques and stage craft with a performance focus. Performances are created each term with a goal to present these in our two annual shows alongside further community performance opportunities.

THEATRE DAY: Youth / Senior

11.30 - 12.30pm Acro/Ballet / Musical Theatre

12.30 - 1.30pm Musical Theatre / Acro/Ballet

1.30 - 2.00pm LUNCH

2.00 - 3.00pm Jazz / Tap

3.00 - 4.00pm Tap / Jazz

COMPANY KIDS - Taking performance to the stage and beyond!

TDA Performance Troupe - Audition only

Company Kids is an auditioned performance group who come together for a set rehearsal each week. Company kids work towards specific school and community based performance each year. With a focus on Jazz and commercial style dance, students learn at least 4 routines each term and polish these for stage performance. Our company kids have performed for Coca Cola Christmas In The Park, Christchurch Santa Parade, Rest Home tours, Community fair and gala events.

Company kids must be aged 12 and over. Auditions for Company Kids are held in January each year.

SET A GOAL

SET A GOAL - Dance towards an exam

At TDA we offer technical syllabus classes in Ballet, Jazz and Tap. All classes work towards an exam and then create performance pieces for our end of year show.

B.B.O BALLET SYLLABUS (British Ballet Organisation)

Poise, grace, beauty, flow, strength and precision – Ballet at its best. Whether you just love the art form or wish to work towards a full time career in ballet, we have the path for you. Students are taught under the care and guidance of experienced performer and teacher, Mrs Sharon Tite.

We teach the beloved BBO Ballet Syllabus at TDA and students work towards sitting an examination in Term 3 each year. Students are also able to transfer skill across from learning under the RAD syllabus programme.

Dancers learn the foundations of ballet techniques, musicality and interpretation, artistic flow, strength and pointe work. They work through the BBO level based programme, guided by age and ability. Students in class learn in depth syllabus exercises to demonstrate their technical understanding both at the ballet barre and centre floor.

Below is the expected minimum timetable on a weekly basis for those students who wish to sit their exam, which is held annually in Term 3.

Junior BBO Levels:

Classes listed below are minimum expectations on a weekly basis for exam entry

Primary – x 1 (45min) syllabus 5/6 year old

Grade 1 – x 1 (1 hour) syllabus 6/7 year old

Grade 2 – x 2 (1 hour) syllabus 7/8 year old

Grade 3 – x 2 (1 hour) syllabus 8/9 year old

Grade 4 – x 2 (1 hour) syllabus 9/10 year old

Grade 5 – x 2 (1.15hr) syllabus 10/11 year old

Optional: Junior Stretch and Conditioning class is highly recommended for students aged 7 years plus who wish to achieve a higher standard for exam work.

Senior BBO Levels:

Classes listed below are minimum expectations on a weekly basis for exam entry

Intermediate Foundation – x 1 (1.15min) and x 1 (1 hour) syllabus - 11 -14 year old

Intermediate – x 2 (1.5 hour) syllabus- 12 - 15 year old

Advanced 1 – x 1 (1.5hour) and x 1 (1 hour) syllabus - 14 year plus

Essential: Pointe technique class for all seniors who wish to sit their exam

BBO BALLET Cont

Pre Pointe and Pointe Open Class

Students will require a lot of strength and a strong technical foundation before they can begin Pointe work. Safe practice and correct alignment of the feet is essential to avoid injury. Only students from Intermediate Foundation (ballet) level upwards with teacher approval for pointe work can enrol in this class.

Optional: Senior stretch and conditioning class is highly encouraged at senior level (age 12 year plus or ballet students intermediate plus)

Optional: Senior open class (Intermediate Foundation plus)

Important Note: At senior level it is common practice for students to work towards an exam over a 2-year period due to the high standard expected to sit an exam as well as a larger content of exercises and level of complexity.

Ballet Presentation and Etiquette - students are required to have their hair in a secure and tidy bun for every lesson. No necklaces, bracelets or watches to be worn. We encourage students to take pride in their presentation as well as a thoughtful and respectful approach towards the teachers and their peers.

BBO Uniform Requirements

Leotards - Please see the TDA uniform list

Primary - Advanced: Canvas or leather ballet shoes, with elastic strap

Pointe Shoes: Teachers will advise on an individual basis when the student is ready (from Intermediate Foundation level upwards).

Supplies can be purchased from [PW Dancewear](#), [Pointe Boutique](#)

JAZZ DANCE - (American Jazz Dance - AJDA Syllabus)

Jazz dance is the foundation to modern dance, fun, funky learn syllabus techniques to strut your stuff on the stage and into an exam!

At TDA we study the American Jazz Dance Affiliation syllabus- it is a modern and edgy syllabus which is continually upgraded to meet the ever growing industry standards and demands for those wishing to have a career in commercial performance dance..

The jazz syllabus is structured on a progression basis that starts at age five years and progresses through 14 levels to advanced and solo seal. The work fully trains the student in all aspects of basic ballet techniques and the dynamics of technique required to encourage performance, style and the sheer enjoyment of dance.

Technical examinations are conducted in August/September of each year.

Class age ranges are a guideline only - If you are unsure, you are welcome to try a few classes and chat with the tutors to find your best fit. Exams are not compulsory - all students will learn technique and performance in jazz classes.

Introductory Level One	The minimum age is 6
Introductory Level Two	7 years old
Introductory Level Three	8 years old
Introductory Level Four	9 years old
Introductory Level Five	10 years old
Elementary Level One	11 years old
Elementary Level Two	12 years old
Elementary Level Three	13 years old (suitable for adults)
Intermediate Level One	14 years old (suitable for adults) - 2x per week
Intermediate Level Two	15 years old (suitable for adults) - 2x per week
Intermediate Level Three	16 years and over - 2x per week
Advanced Levels	17 years and over - 2x per week

All advanced students must have passed intermediate level three examination (not an assessment) before entering an advanced examination.

Junior and Intermediate Teaching Certificate - Minimum age 16 years

Exams are not compulsory however the syllabus offers great technique, a good foundation for dance, and an understanding of style, all of which help the students when it comes to performing.

Tap Dance

Feel the beat, create the rhythm!

At TDA we study the Ballet Australasia Limited (BAL) syllabus and exams are generally held in August of each year. Exams are not compulsory but learning the syllabus work is of great benefit to the students.

The BAL syllabus teaches excellent rhythm, and we believe is one of the best tap syllabi available, especially for younger students. Once the exams have been sat each year the rest of the year is spent working on routines for our major variety show held in December.

Primary Tap 9 years

Grade 1 10 years

Grade 2 11 years

Grade 3 12 years

Grade 4 13 years

Grade 5 14 years

Elementary 15 years

Intermediate Tap 16 years

Advanced Tap 17 Years

5 - 5 year old beginner tap dance is combined with the foundation teaching of Jazz in the Little Dots class.

6 - 8 year old beginner and pre-primary tap dance is combined with the intro 1, 2 and 3 Jazz classes.

The Adult Tap class is a great way of keeping fit and meeting new people. The class is designed for adult tap dancers who have some experience in Tap.

Teen Beginner Tap - A beginner class designed for teens who would like to begin tap dance. A fun technique focused class to add to your dance skills!

Private Lessons - Private lessons are available to book for any student who wishes to have further 1:1 support in working towards an exam or interested in competition work in any dance style. These will need to be consultation with the tutor.

Competitions - Students may like to enter some of the local dance competitions. A high standard of dancing ability and commitment is required for competition approval. Please enquire directly to your tutor or email TDA@stmargarets.school.nz for further information.

OUR SUPER TEAM



Mrs Sharon Tite

BBO BALLET



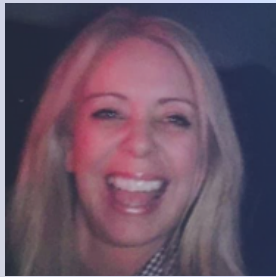
Miss Rylie Macgibbon

JAZZ / MUSICAL THEATRE /
CONTEMPORARY



Miss Billie MacGibbon

TAP / JAZZ / MUSICAL THEATRE



Miss Ali Rossiter

TDA Director



Miss Nia Butler

BBO BALLET



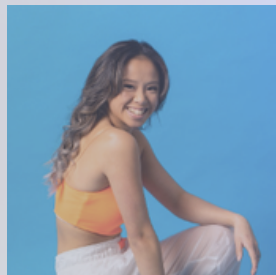
Miss Gemma Kearney

Pre- School Dance



Miss Hana Pearce

JAZZ / MUSICAL THEATRE / TAP



Miss Sarah Tsai

TDA Administrator and
Hip Hop



Mr Greg Pearce

Musical Theatre / Drama / Singing



Miss Chloe Robertson

HIP HOP



Miss Celina Nogueira

AERIALS

TDA ENROLMENT 2024

Come along and join our Dance Family for 2024, we would love to see you!

Classes are held at St Margaret's College dance studios with classes running from 3.30 - 9.00pm daily.

To register, trial or enrol in classes for 2024 please follow the link below.

If you have any questions please email TDA@stmargarets.school.nz

Let's get dancing!

Ali Rossiter Director TDA
Sarah Tsai Reception TDA



St Margaret's College Dance Studios, Winchester Street, Merivale



Phone + 64 (0)3 3792000 Ext. 8897



<https://app.classmanager.com/portal/st-margarets-college-theatre-dance-academy/register>