



Welcome to The Theatre Dance Academy 2023.

We are excited to offer many new classes and the opportunity to audition for our Performance Companies this year alongside our extensive Syllabus Examination Classes.

Classes are open to male and female students aged 3 years to adult and open to all members of the community, not only to St Margaret's College students.

The following information outlines the classes on offer and a brief description of each dance genre. The syllabus classes will all sit examinations during the year and work towards an end of year performance. The open classes are performance based and will work towards at least two performances throughout the year.

All classes perform in our major school show at the end of each year and the performance companies will perform at community events throughout the year.

2023 Class Fees:

The fee structure for 2023 has changed. We are now offering a base rate for single class options and an increasing discount structure for multiple classes.

Please see the 2023 fee schedule on the last page of this document.

B.B.O Ballet Syllabus (British Ballet Organisation)

Below is a minimum expected timetable on a weekly basis for those students who wish to sit their exam - held annually in Term 3. As well as learning the basic foundations in how to execute ballet steps correctly, students also need strength in order to perform the Ballet Syllabus with technical ease and confidence. Students are expected to practice their learnt exercises at home alongside the video (if supplied by the teacher) closer to exam time. Senior students are recommended to keep a notebook of corrections and incorporate these corrections with regular at home practice throughout the year.

RAD and BBO are Internationally recognised Ballet Syllabus and cross credits are possible between both so your child is able to slot into the class level they have been working towards.

If your child would like to try Ballet out for the first time or has not been to Ballet class for a while, please come along to our Open Junior or Senior Ballet class. The Ballet teachers can then advise what level would be most suitable if you wish to learn Syllabus and sit an exam.

****The final confirmation for BBO exam entry is given by the class Ballet tutor. As BBO teacher affiliated members and qualified tutors they reserve the right to advise parents if the student is not exam ready and discuss possible options to best suit the student and their learning. ****

BBO Ballet Syllabus Structure - what to expect

- **Grades 1,2,3:** students perform basic dance vocabulary with musical and spatial awareness
- **Grades 4,5 & Intermediate Foundation:** students progress to demonstrate secure technique using more complex movement sequences and a wider range of vocabulary. The relationship between music and dance is refined and a sense of individual performance is nurtured. Pointe work is introduced.
- **Intermediate students:** are able to perform complex movements with a clear understanding and sustained sense of coordination and alignment. They are confident in their sense of performance and musicality.
- **Advanced:** students perform with a mastery of technique and an expressive quality that is the mark of a professional dancer. They can express individuality & confidence as a performer. These qualities are at or near the level of a professional dancer in order to gain entry to vocational training.
- **Pre- Pointe Assessment** - For students new to pointe it is very important to have an assessment completed to best understand the process. We recommend booking with Georgina Barr for a full foot, strength and shoe assessment. www.merivalepodiatry.co.nz Then share your assessment with either Fleur or Sharon to move into Pointe work.

Junior Levels:

Classes listed below are minimum expectations on a weekly basis for exam entry

Primary - x1 (45min) syllabus

Grade 1 - x1 (1 hour) syllabus

Grade 2 - x2 (1 hour) syllabus

Grade 3 - x2 (1 hour) syllabus

Grade 4 - x2 (1 hour) syllabus

Grade 5 - x2 (1.15hr) syllabus

Recommended Age for Levels:

(These can also be discussed with the ballet tutors and /or in a trial class to find the best fit for age and grade)

Primary: 5/6 yr old

Grade 1: 6/7 yr old

Grade 2: 7/8 yr old

Grade 3: 8/9 yr old

Grade 4: 9/10 yr old

Grade 5: 10/11 yr old

Optional: Junior Stretch and Conditioning class is highly recommended for students aged 8 years + who wish to achieve a higher standard for exam work.

Optional: Junior Open class (only from Grades 3-5)

Senior Levels:

Classes listed below are minimum expectations on a weekly basis for exam entry

Intermediate Foundation - x1 (1.15min) & x1 (1 hour) syllabus

Intermediate - x2 (1.5 hour) syllabus

Advanced 1 - x1 (1.5hour) & (x1 hour) syllabus

Recommended Age for Levels:

(These can also be discussed with the ballet tutors and /or in a trial class to find the best fit for age and grade)

Intermediate Foundation: 11-14 yr old

Intermediate: 12-15 yr old

Advanced: 14 yr +

Essential: Pointe Technique Class for all Seniors who wish to sit their exam

Optional: Senior Stretch and Conditioning class is highly encouraged at Senior level (age 12 yr + or Ballet students Intermediate +)

Optional: Senior Open Class (Intermediate Foundation +)

Important Note: at Senior Level it is common practice for students to work towards an exam over a 2 year period due to the high standard expected to sit an exam as well as a larger content of exercises and level of complexity.

Ballet Presentation and Etiquette - female students are required to have their hair in a secure and tidy bun for every lesson. No necklaces, bracelets or watches to be worn. We encourage students to take pride in their presentation as well as a thoughtful and respectful approach towards the teachers and their peers.

BBO Uniform Requirements

Leotards - Pls see the TDA uniform list

Primary - Advanced: Canvas or leather ballet shoes, with elastic strap

Pointe Shoes: teachers will advise on an individual basis when the student is ready (from Intermediate Foundation level upwards).

Supplies can be purchased from PW Dancewear, Pointe Boutique.

Junior Open Class - Ages 8 years + who would like to try ballet or attend as an extension to their regular BBO ballet classes. If you would like an added edge in any dance genre this class is highly recommended. This class has a focus on ballet technique coaching. Students learn a range of short combinations with a focus on correct execution and dance performance. Each term students learn a group dance that will be performed at a 'Private Open Dance Evening' for parents. A leotard, pink tights and preferably Jazz/Ballet flats to be worn.

Junior Stretch & Conditioning - Anyone aged 8 yrs + can enrol in this class. Want to gain more strength, control and flexibility? This class is for you. Understand how to warm up, cool down and learn sequences that can easily become regular 'at-home' practice. Careful alignment and safety is a key

element in this class to avoid unnecessary injury. Simple exercises build on complexity and challenge each term. Students will gain confidence and develop even muscle strength. Students may wear leotards, tights and/or bike shorts, dance shoes or ankle socks to this class. ****Items required for this class: yoga mat and x2 yoga blocks.****

Pointe Open - Students will require a lot of strength and a strong technical foundation before they can begin Pointe work. Safe practice and correct alignment of the feet is essential to avoid injury. Only students from Intermediate Foundation (Ballet) level upwards with teacher approval for Pointe work can enrol in this class.

Senior Open - anyone age 12 yrs + or Intermediate Foundation (Ballet Level) + can enrol in this class. Want to try ballet out? Or perhaps you would like to master more complex Ballet movements with ease and grace? This class is for you. As well as a more thorough focus on technique and mastery of movements, students learn how to dance with musicality and expression/artistry through more challenging exercises. Learn repertoire from well-known Ballets. Students will have the opportunity to perform at an end of Term 'Private Open Evening' for parents. A leotard, tights and Ballet/Jazz flats are preferred for this class.

Senior Stretch & Conditioning - anyone age 12 yrs + or Intermediate Foundation (Ballet Level) + can enrol in this class. This class focuses on refining co-ordination and challenging strength and balance in exercises based on the Progressing Ballet Technique Programme (a type of Ballet Pilates). Gaining flexibility is important and is easy and enjoyable when done in the correct way. This is a great class to attend for anyone wanting to get their legs higher, perform more complex tricks or achieve 'X factor' jumps in any genre. A leotard and tights/bike shorts plus ankle socks can be worn. ****Items required for this class: Yoga Mat, Swiss Ball and a stretchy band.****

Private Lessons - any ballet student who wishes to have further 1:1 support in working towards an exam or interested in competition work. A high standard of dancing ability and commitment is required for competition approval. Please enquire directly to your tutor or email TDA@stmargarets.school.nz for any further information.

JAZZ

AMERICAN JAZZ DANCE - AJDA Syllabus

We study the American Jazz Dance Affiliation syllabus. The Jazz Syllabus is structured on a progression basis that starts at age five years and progresses through 14 levels to Advanced and Solo Seal. The work fully trains the Student in all aspects of basic Ballet techniques and the dynamics of technique required to encourage performance, style and the sheer enjoyment of Dance.

Technical Examinations are conducted in August of each year. Students are examined in groups. The Affiliation gives monetary awards to the candidates with the highest mark in each level and a cash award is given each year to the most promising Advanced Student.

The age ranges are a guideline only- if you are unsure you are welcome to try a few classes and chat with the tutors to find your best fit. Exams are not compulsory - all students will learn technique and performance in Jazz classes.

<u>Introductory Level One</u>	minimum age is 6
<u>Introductory Level Two</u>	7 year olds
<u>Introductory Level Three</u>	8 year olds
<u>Introductory Level Four</u>	9 year olds
<u>Introductory Level Five</u>	10 year olds
<u>Elementary Level One</u>	11 year olds
<u>Elementary Level Two</u>	12 year olds
<u>Elementary level Three</u>	13 year olds (suitable for Adults)
<u>Intermediate Level One</u>	14 year olds (suitable for Adults)
<u>Intermediate Level Two</u>	15 year olds (suitable for Adults)
<u>Intermediate Level Three</u>	16 & over
<u>Advanced Levels</u>	17 & over

All Advanced students must have sat and passed the full Intermediate Level Three examination (not an assessment) before entering an Advanced Examination.

Junior & Intermediate Teaching Certificate minimum age 16 years

All candidates must have sat and passed the Intermediate Level Three Examination.

Exams are not compulsory however the syllabus offers great technique, a good foundation for dance, and an understanding of style, all of which help the students when it comes to performing. Once the exams have been sat each year the rest of the year is spent working on routines for our major variety show held in December.

TAP DANCE

We study the Ballet Australasia Limited syllabus and exams are generally held in August of each year. Exams are not compulsory but learning the syllabus work is of great benefit to the students. The BAL

syllabus teaches excellent rhythm and we believe is one of the best tap syllabi available, especially for younger students. Once the exams have been sat each year the rest of the year is spent working on routines for our major variety show held in December.

The Adult Tap class is a great way of keeping fit and meeting new people. The class is for beginner tappers and focuses on basic technique and rhythm. The class is all about having fun! The Open Tap class is a regular class for experienced tappers, with a focus on extending skills and learning routines for the two concerts held throughout the year.

Primary Tap	9 years
Grade 1	10 years
Grade 2	11 years
Grade 3	12 years
Grade 4	13 years
Intermediate Tap	14 years
Advanced Tap	15 Years

CONTEMPORARY DANCE

We have three open classes for Contemporary – Junior Contemporary for 7-10 years, Intermediate Contemporary for 11-14 years, and Senior Contemporary for 15 and over. Each week, the students work on contemporary technique and terminology. Contemporary students also learn routines for both of our concerts, held in July and December. It is important to note that the classes place a large emphasis on a variety of types of contemporary dance, rather than only lyrical contemporary.

HIP HOP

Hip Hop is a great way for dancers to express themselves and these classes are fun. Students are divided into three open classes - Junior for 7-9 years, Intermediate for 10-12 years, and Senior for 13 and over. Each week, the students work on technique and terminology. Students also learn routines for both of our concerts, held in July and December.

MUSICAL THEATRE

These classes are a mixture of dancing, drama and singing and are great fun. Routines are practised each week for several performances throughout the year as well as confidence building, theatre sports and drama games. These classes will perform at our concert held each July and our major variety show held in December each year.

LITTLE DOTS

Little Dots is designed for 4 and 5 year olds - children close to or just starting school. These classes introduce the children to the world of performing. They learn tap and jazz dancing in these classes and work towards performing song and dance routines. We run two concerts a year, one in July and a major concert at the end of each year held in December.

THEATRE DAY

Overview

In today's world of performance, versatility is the key. Theatre Day is an innovative concept designed to produce talented and versatile performers who can reach for the stars in today's world of performance.

How Theatre Day Works

Theatre day is held on Saturday and runs for four terms throughout the year. The school terms are organised to coincide with the usual public school terms. Children take part in 4 classes per day in different disciplines of performance – tap, jazz, drama and singing. Singing and drama classes alternate weekly. Students need to be at least 10 years old and need to have passed or currently be studying at a level of BAL Grade 1 Tap (which is the 4th exam in the BAL Tap syllabus). Theatre Day is performance-based and students are always working towards performing in our major end of year production as well as a KidsFest concert in July and other performances throughout the year.

Theatre Day Costs: Please refer to the online booking instructions. Theatre Day includes your choice of a syllabus Jazz and Tap class offered during the week as part of your Theatre Day package.

COMPANY KIDS - 13 years + This group is an auditioned performance group. Please speak directly to Mandy Roberts in regards to this group or email TDA@stmargarets.school.nz

Company Kids Cost: \$155.00 per term

Auditions for 2023 Company Kids - Monday January 30th - Singing Audition and Tuesday -January 31st - Dance auditions. 4 - 6pm at St Margaret's College - TDA Dance Studios. Please register via the information handout and directly to Mandy.

AERIAL CLASSES - Cirque aerial classes - Silks, Lyra, Trapeze, Acro

Aerial arts is a growing form of dance and specialist performance. Aerials explore movement through space on rigged aerial apparatus - The Silks (tissue), Lyra (hoop) and Trapeze (static trapeze). In the

studio we have 4 rigging points at which the apparatus are suspended from. Students learn skills on each form of apparatus. Exploring elements of strength training, climbing, shapes and movement on each of the apparatus and safety elements when performing in these art forms. Aerial skills are often viewed in cirque style performance and industry theatre work. It is an incredible skill to add to your dance and performance repertoire. It builds resilience, strength and comes with an amazing sense of achievement! Classes are taught by Cirque master Danny Lee Syme.

- *Classes limited to 10-12 students per class*

Junior Aerials (5 - 8yrs)

Youth Aerials. (8 - 12yrs) 1 hour

Senior Aerials. (13 - Adult) 1 hour

TDA CLASS FEES 2023:

The fees for 2023 are defined by a class time rate across all genres and classes. The fees are discounted as the total number of classes increase. This is a fantastic opportunity for students to enrol in multiple classes across a wide range of genres to build their dance skills and confidence, build friendships and community in dance and develop dancers for life!

Class prices are per term and are gst inclusive.

Term dates 2023: Following the public school term dates. Please be aware that the St Margaret's College holiday dates may differ.

Term 1	February 6th -	7th April
Term 2	April 24th -	1st July
Term 3	July 17th -	22nd September
Term 4	October 9th -	11th December

CLASS FEE BASE RATE

30 minute class	\$100.00
45 minute class	\$125.00
60 minute class	\$155.00
75 minute class	\$185.00
90 minute class	\$220.00

1. **Discounting:** *The more you dance the more you save!*

The TDA Classmanager booking system allows you to take advantage of an escalating structure of discounting for your weekly class bookings, as per the following table.

Each sibling will attract a further 5% for each of their classes (on the same booking)

Number of lessons per week	Discount percentage for each individual class of first child	First sibling discount rate	2nd + siblings
1st	0%	5%	5%
2nd	10%	15%	15%
3rd	15%	20%	20%
4th	30%	35%	35%
5th	50%	55%	55%
6th	50%	55%	55%
7th	50%	55%	55%
8th	50%	55%	55%
9th	50%	50%	50%
10th +	100%	100%	100%

The Classmanager system will automatically calculate the overall best possible discounts for you, irrespective of the order in which you select your classes.

Note that there is no discounting for Theatre day however the Tap and Jazz options within Theatre Day are discounted as per the above table.

Discounting is not applicable to Company Kids or Private Lessons.

- IMPORTANT NOTE: To attract these discounts all class bookings, including sibling bookings if applicable, must be made on the **same** booking and advance payment. Subsequent additional bookings entered after the first payment has been completed will **not** attract the next discount level percentage sequential to the last class selection of your initial booking, but will be reset to the beginning of the discount table with the new class being registered as a 1st booking only.

3. Theatre Day

If you are interested in joining Theatre Day (Saturday 9.00 - 1.00pm) you must ensure that you select the correct Jazz and Tap classes. Please refer to the class description and age guidelines for these choices.

Billing for Theatre Day

The cost of the Theatre Day package is \$650 for the term. This includes a Syllabus Tap and Jazz class during the week which is compulsory. Please ensure you select the correct Tap and Jazz classes when booking all your other classes. These will be counted in your total class bookings and discounted as per the table above.

Please then ensure you select the Theatre Day Class as well. This is priced at \$0 but you will be billed separately for the balance (\$650 less the cost of pre discounted Tap + Jazz classes you have selected) of the Theatre Day. You will receive a separate invoice for this balance by email with instructions to pay by credit/debit card. Payment is required in advance prior to participation in any Theatre Day classes.

TDA TIMETABLE / FEE Structure

DAY	Studio 1 WN 209	Studio 2 WN201	Studio 3 (Black box Theatre)
MONDAY	3.45 Ballet Grade 4 \$155.00 4.45 Ballet Intermediate \$220.00 6.15 Ballet Intermediate Fnd \$185.00 7.30 Ballet Advanced \$155.00 8.30 Finish	4.00 Jazz Elementary 2 \$155.00 5.00 Jazz Intro 4 \$125.00 5.45 Jazz Intermediate 1 \$185.00 7.00 Jazz Intermediate 2 \$185.00 8.15 Finish	4.00 Jr Contemporary/Lyrical \$155.00 5.00 Tap Grade 3 \$125.00 5.45 Tap Primary \$155.00 6.15 Tap Elementary \$125.00 7.00 Tap Grade 5 \$125.00 7.45 Finish
TUESDAY	10.10-10.40 Tippy Toes \$100.00 3.30 Ballet Grade 2 \$155.00 4.30 Ballet Grade 3 \$155.00 5.30 Ballet Grade 5 \$185.00 6.45 Ballet Intermediate \$220.00 8.15 Finish	3.45 JazzIntro 2/ Tap Beginner \$155.00 4.45 Jazz Intro 1 / Tap Beginner \$125.00 5.30 Break 5.45 Senior Contemporary \$155.00 6.45 Intermediate Contemporary \$155.00 7.45 Finish	3.30 St Margaret's Booking 5.00 Hip Hop Junior \$125.00 5.45 Musical Theatre Junior (7-9 yrs) \$155.00 6.45 Hip Hop Senior \$155.00 7.45 Finish
WEDNESDAY	2.30 St Margaret's Booking 3.30 Ballet Primary \$125.00 4.15 Ballet Grade 3 \$155.00 5.15 Ballet Grade 4 \$155.00 6.15 Junior Open Grade (3 - 5) \$155.00 7.15 Ballet Grade 5 \$185.00 8.30 Finish	2.30 St Margaret's Booking 4.00 Jazz Elementary 3 \$185.00 5.15 Jazz Intermediate 3 \$185.00 6.30 Break 6.45 Jazz Advanced \$185.00 8.00 Aerial Senior \$155.00 9.00 Finish	3.45 Little Dots \$100.00 4.15 Jazz Intro 3 / Pre-Primary Tap \$155.00 5.15 Tap Grade 4 \$125.00 6.00 Tap Advanced \$125.00 6.45 Tap Intermediate \$125.00 7.30 Tap Adult \$155.00 8.30 Finish
THURSDAY	3.30 Ballet Grade 1 \$155.00 4.30 Ballet Grade 2 \$155.00 5.30 Ballet Intermediate Found \$155.00 6.30 Pointe Open training \$155.00 7.30 Ballet Advanced \$220.00 9.00 Finish	3.30 St Margaret's Booking 4.45 Tap Grade 1 \$125.00 5.30 Tap Grade 2 \$125.00 6.15 Musical Theatre Junior (10-12) \$155.00 7.15 Musical Theatre Teen \$155.00 8.15 Finish	3.30 St Margaret's Booking 5.30 Jazz Intro 5 \$125.00 6.15 Jazz Elementary 1 \$155.00 7.15 Hip Hop Intermediate (10-12) \$155.00 8.15 Finish
FRIDAY	3.30 St Margaret's Booking 5.30 Senior Conditioning/Stretch - for all genre \$155.00 6.30 Ballet Open Senior \$220.00 8.00 Finish	4.30 Aerial Junior \$155.00 5.30 Aerial Youth \$155.00 6.30 Aerial Senior \$155.00 7.30 Finish	3.45 Company Kids (auditioned group) \$155.00 5.15 Musical Theatre Junior (10 - 12) \$155.00 6.15 Finish

SATURDAY	9.30 First Steps	\$100.00	9.30 Aerial Junior	\$155.00	10.00 Onwards - Private Sessions (Multiple tutors by request - \$70 per hour.
	10.00 Junior Stretch / Conditioning	\$155.00	10.30 Aerial Youth	\$155.00	
	11.00 Finish		11.30 Theatre Day		
	11.30 Theatre Day	\$450.00	4.00 FINISH		
	4.00 FINISH				

Please email TDA@stmargarets.school.nz for any queries